

Let this mind: The mind is a terrible thing to waste.

The memory of the just is blessed. Proverbs 10

Memory is one of the final frontiers that needs conquering by us through the Holy Spirit....

An out of control memory leads to instability...

Our memory controls many functions of our life. Without it we could not do daily things...(i.e. brush our teeth, comb our hair, bath) But bad memories are a hindrance.

We need our memory healed... Philippians 2:5-8

Let this mind means...

To exercise the mind: To discipline the mind, To train the mind

Say what God says with repetition to change the diet of the mind.

The brain is controlled by neuron nerve centers. There are as many neurons in the human brain as there are people living on the planet if not more. That is a lot to control in your mind. But you must gain control over your mind.

Let this mind also means to entertain or have an opinion.

To set the affection of your mind, to be careful for the care of your mind (your mental health), to be likeminded as Christ, guarding the thoughts of your mind.

To think or have regard for your mind, being thoughtful about what you process through your mind, to savor the thoughts of your mind, be of one mind having understanding of what you process, to maintain understanding.

To be wise in your feelings. Do not let your flesh dictate the complete thoughts of your mind. So not feel to think.

To have an opinion of one's self, to think of one's self, in modest terms, but do not let one's opinion (though just) of oneself, exceed the bounds of modesty.

To be agreed: to cherish the same views as God, or be harmonious with His thoughts of you.

To seek to be on side with Him. To be of the same affiliation as God.